

# Ice Hockey Mom



## Bag Essentials

- Sports Beverage
- Extra Laces
- Hockey Tape
- Knee Hockey Sticks
- Hockey Plastic Pucks
- Beverages
- Empty Beverage Bottles
- Cans of Scented Deodorizing Spray
- Zipping Bags
- Hand Sanitizer
- Sports Cream for muscles
- Ice Pack
- Bandages
- Scissors
- Clear Tape
- Fresh Undergarments
- Fresh Tee Shirts
- Extra Socks
- Extra Hockey Socks (to lend)
- Safety Pins
- Screw Driver Kit (for helmet)
- Extra Mouthpieces
- Dry Packaged Snacks & Jerky Meats
- Sunglasses
- Hats
- Sweat Pants
- Extra Jackets
- Blankets
- Change
- Turnpike Passes
- Portable Charger and Cord
- Flashlight
- Kleenex
- Paper Towel Roll
- A few towels
- AAA Number
- Google List on Phone of Hotels
- Gift Cards
- Cash