



# WELL PACKED SHORE EXCURSION BAG *For Cruisers*

A BACKPACK TO PACK

## MEDICAL SUPPLIES

(IF YOU HAVE ALLERGIES)

EPI PEN

BENADRYL

DRAMAMINE

TYLENOL

LATEX FREE BANDAGES

ALCOHOL SWAB PACKS

ANY PRESCRIPTION

MEDICATION

MEDICATION LIST ( MEDS FOR WHAT YOU TAKE, AND ARE ALLERGIC TO)

APP WITH DICTIONARY FOR TRANSLATION (IF IN A FOREIGN COUNTRY)

PEN AND PAPER

BOTTLED WATER

SUNGLASSES

LIP BALM

SUNSCREEN/SPRAY

BUG SPRAY

HAT

TOWEL (UNLESS VENDOR IS PROVIDING - SOMETIMES THEY DO)

FLIP FLOPS (THEY PACK FLAT)

SHIP ID (FOR BOARDING)

SMARTPHONE

CHARGING PACK AND CORD FOR PHONE

EXTENSION CORD

IMAGE OF PASSPORT ON PHONE

ONE'S FOR TIPS

HARD MINTS FOR SOMETHING SWEET

ONE LARGE ZIP BAG, EMPTY FOR WET CLOTHES OR PUTTING SOUVENIRS IN

DISPOSABLE RAIN PONCHO

\*PHONE TIP- CHANGE YOUR PHONE TO SHIP TIME OR WEAR A REAL DIGITAL WATCH (NOT A SMARTWATCH)